



UROLOGICAL CONSULTANTS

info@uroconsultants.com
www.uroconsultants.com

FACTSHEET

PENILE PROSTHESIS INSERTION

About the Procedure:

For some men with erectile dysfunction, the insertion of an rigid or inflatable penile prosthesis may be an option. A mechanical device is inserted into the penis through a small incision at the base of the penis, and when an erection is desired, it is achieved by depressing a pump hidden within the scrotum. Once the erection is no longer desired, the device can be “deflated” by depressing the same button. The procedure is performed under general anesthesia and usually takes between 2 and 3 hours. Most patients go home the day of the procedure.

While the penile prosthesis is designed to create an erection, it will not be ready for use until 6 weeks after your procedure and should only be activated by your doctor. This will allow the incision and tissues time to heal, allowing the device to be used safely and without discomfort.

Preparing for the Procedure:

Do not eat or drink anything after midnight the night before the procedure. You should take your usual medications as you normally would the morning of your procedure with a small sip of water only (avoid juice, milk, coffee, etc.).

starting 5 to 10 days prior to your procedure (ask your doctor for a specific time), it is important to stop taking medications that might increase your risk of bleeding. For a list of blood-thinning medications that should be avoided, ask your doctor.

Make arrangements for someone to drive you home on the day of your procedure.

After the Procedure:

On the second day after your surgery, it is OK to shower, but baths and soaking in a tub should be avoided for 2 weeks after the procedure. The incision should be kept clean and dry to allow it to heal, so it is important to shower once a day. The incision generally heals in five to seven days, and the stitches will dissolve and their own and do not need to be removed. Avoid any strenuous activity, exercise, or heavy lifting for 4 to 6 weeks after the procedure. You should abstain from sexual intercourse for 6 weeks following the procedure.

It is usually OK to resume your blood-thinning medication the day after your procedure, but check with your doctor to be sure. Take all the medications prescribed by your doctor (including any antibiotics and pain medications), and schedule an appointment to follow up with him within the first 2 weeks after the procedure (ask your doctor if you are unsure when to follow up).

Barry Aron, MD, FACS
Leonard S. Bloom, MD
Gary S. Friedlander, MD
Edward C. Gilbert, MD
Robert L. Goldman, MD
Murray Lieberman, MD
Juan P. Litvak, MD
Nizamuddin J. Maruf, MD
Eddie Michli, MD
Roberto Pedraza, MD
Bart Radolinski, MD
Mark H. Ratner, MD
Bernard J. Rogus, MD, FACS
Robert J. Sher, MD
Jonathan L. White, MD

Ambulatory Urosurgical Ctr
401 East Jefferson Street
Suite 105
Rockville, MD 20850
301.209.8219 voice

6410 Rockledge Drive
Suite 503
Bethesda, MD 20817
301.530.1700 voice
301.530.0418 fax

20528 Boland Farm Road
Suite 202
Germantown, MD 20874

18111 Prince Philip Drive
Suite 101
Olney, MD 20832
301.598.9717 voice

15225 Shady Grove Road
Suite 307
Rockville, MD 20850
301.258.1919 voice
301.258.9180 fax

9715 Medical Center Drive
Suite 404
Rockville, MD 20850
301.424.0433 voice
301.424.0422 fax

3801 International Drive
Suite 205
Silver Spring, MD 20906
301.598.9717 voice
301.598.3230 fax

2730 University Blvd, West
Suite 516
Wheaton, MD 20902